

The Foundations of Javanese Magnetism and Mesmerism.

A three day beginners training to unlock presence, influence and energy.

Choose your session:

- Friday February 6th - Sunday February 8th 2026
 - Friday May 8th - Sunday May 10th 2026

Details:

Times: 09:00am - 16:00pm

Location: Suite 5/875 Glen Huntly Road, Caulfield.

Parking: Onsite parking available

What is Mesmerism and Magnetism?

Mesmerism and magnetism are foundational practices of presence, subtle energy, and personal influence. Magnetism, as a healing system, was developed by Franz Anton Mesmer and is based on the concept of a universal magnetic fluid. This invisible force can influence the nervous system and facilitate profound healing. Mesmerism stems from this idea of ‘animal magnetism’, an energy linking practitioner and subject.

Magnetism is primarily a non verbal technique. When harnessed skillfully, it can be a powerful way to direct attention, intention, and the universe’s energy for therapeutic and personal influence. In this training, you will explore how these concepts connect to modern practices such as hypnosis, communication, and energy work combined.

How You’ll Benefit:

I have developed a unique technique that combines hypnosis, mesmerism, magnetism, and frequency work into a method that is simultaneously powerful, gentle, and profoundly effective for clients. By integrating these modalities, clients are able to enter a deep mesmeric state safely and comfortably, without feeling threatened, as magnetism alone can sometimes be intense. This technique is soft, calming, and non-confronting, making it accessible to everyone while still achieving transformative results.

In this training, you will learn to awaken the magnetic energy within through sacred breathwork, live demonstrations, magnetic initiation, and embodied presence. The program integrates mesmerism, magnetism, hypnosis, and frequency-based induction to gently guide clients into deep trance states for energetic healing and transformation. I have been trained in Javanese Magnetism by Magis Dodie, bringing authentic lineage, depth, and mastery to this practice.

What Makes This Training Special

- Learn to awaken your energetic field with sacred breathing and presence-based techniques.
- Experience demonstrations and live guided practice to bring the methods alive.
- Explore how mesmerism and magnetism merge with hypnosis and frequency work to induce deeper states (theta→delta) for healing and regeneration.
- Build an authentic foundation in non ordinary states of awareness, designed for beginners with depth.
- Gain tools you can apply immediately for personal growth or client work with clarity and safety built in.

What You Will Learn:

Day 1 - Friday

1. Magnetic Initiation
2. Magnetic Awakening
3. Unlocking the Dormant Energy of Healing
4. Using frequencies composed by Tamara Sanchez and Alistair Morley
5. Awakening the Fire within.
6. Healing demonstration

Day 2 - Saturday

7. Magnetic Initiation
8. Magnetic Awakening
9. Healing demonstrations remainder of day

Day 3 - Sunday

10. Magnetic Initiation
11. Magnetic Awakening
12. Healing demonstrations
13. Remote Viewing (Send, Project, Receive)

Date, Times, Location, Pricing, What To Bring.

Dates & Time:

Sessions: Friday 6th February 2026 - Sunday 8th February 2026

Friday 8th May 2026 - Sunday 10th May 2026

Times: 09:00AM - 15:30PM each day

Location:

Address: Suite 5/875 Glen Huntly Road, Caulfield.

Parking: Onsite undercover parking available

Transport: The 67 tram is situated a short 2 minute walk from the location.

Pricing:

Early Bird: \$2200.

Regular Pricing: \$2700.

February Early Bird Cut off Date: Friday December 5th 2025

May Early Bird Cut Off Date: Monday 9th March 2026

What to Bring:

- ☐ **Notebook**
- ☐ **Pens**
- ☐ **Water**
- ☐ **Food (Kitchen facilities onsite)**
- ☐ **A positive and loving energy.**
- ☐ **Enthusiasm**



About Me:

My name is Tamara Sanchez, and I am a highly skilled and compassionate Clinical Hypnotherapist, Accredited Supervisor with the Australian Hypnotherapy Association (AHA), public speaker, and trainer.

For over 13 years, I have dedicated my practice to helping both children and adults overcome challenges, achieve clarity, and restore balance in their lives. My passion for energy based healing began in childhood. Over the years, I have trained extensively, including under Magis Dodie, the esteemed Grand Master of Javanese Magnetism. This training has enabled me to master advanced techniques for clearing blocked energy, rewiring neural patterns, and calming the nervous system at a deep, transformative level.